

Celebrating 20 Years!

Brighter Vision Weekly Newsletter

June 21, 2025

Summer at OIUF!

As we embrace the sunny weather during the summer months, it is important to keep your eyes happy and healthy amidst the unique challenges that summer weather presents for all of us, especially those with ocular inflammatory diseases like uveitis.

Find our favorite tips here!

- 1. Wear sunglasses outdoors to protect your eyes from the UV rays and alleviate light sensitivity.
- 2. Be aware that floaters are most visible on bright and light backgrounds, like a clear blue sky on a sunny day! However, significant or unusual increases in floaters that persist should be discussed with your ophthalmologist.
- 3. Air conditioners can contribute to dry eyes, consider using artificial tears to alleviate discomfort from additional dryness.



July Support Group!

Dry eye is a common condition that can affect anybody. However, it creates additional problems for patients with ocular inflammatory diseases that already makes them prone to irritation. Many things like excessive screen usage or air conditioning during the summer can trigger dry eye symptoms.

Join us this month to discuss dye eye and uveitis with Dr. Stephen Anesi, a practicing ocular immunologist, and guests from the Dry Eye Foundation!

"Dry Eye & Uveitis"
July 8th, 2025 @ 7PM EST

Led by:

Frances Foster, MS, NP *OIUF Support Group Chair & Facilitator* Dr. Stephen Anesi, MD, FACS *Ocular Immunologist and OIUF Board Member*

Guests from the Dry Eye Foundation

Register Here!

2025 Walk for Vision!



The Walk for Vision is a 5k walk to raise awareness and funds for research of Ocular Inflammatory Diseases. This year, we're hosting two walks — one in Boston and one in New Jersey.

<u>Please note:</u> We are using a new platform for registration and fundraising this year called QGiv. Rallybound accounts are no longer active. Visit our <u>FAQs</u> or contact us with any questions.

Boston Walk for Vision

When: Sunday, August 24, 2025, 10:30AM Where: The Hyatt Regency Cambridge 575 Memorial Drive Cambridge, MA 02139

Register

Learn More!

New York/New Jersey Walk for Vision

When: Sunday, September 14, 2025, 10:15AM
Where: Verona Park Boathouse
475 Bloomfield Ave
Verona, NJ 07044

Register

Learn More!



Can't participate this year? You can still donate to support our cause!

Donate Here!

Thank You to Our Sponsors!

Double Star Sponsors:





Snack & Beverage Sponsor:





THE OCULAR IMMUNOLOGY AND UVEITIS FOUNDATION

Dedicated to Eye Disease Cure and Education

Celebrating 20 Years!

For more information, visit *Uveitis.Org*

Help us fulfill our mission of providing education and support for patients, caregivers and physicians of Ocular Inflammatory Disease (OID)

DONATE

Keep in Touch!







O.I.U.F. | PO BOX 646 | Weston, MA 02493 US

<u>Unsubscribe</u> | <u>Update Profile</u> | <u>Constant Contact Data Notice</u>



Try email marketing for free today!